



Clinical Practice Guidelines



Kansas | Healthy Blue | Medicaid

Date reviewed January 2025 Date adopted February 2025

Table of Contents:

ADULT HEALTH Note: Multiple documents also discuss the management of the referenced condition in the pediatric population.

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMEN'S HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Return	to table of contents		
Adjustment Disorder	Adjustment Disorder (2017)	John Hopkins Medicine	https://www.hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3. 0
Alzheimer's Disease / Dementia	Health Systems and Medical Professionals Resource Site	Alzheimer's Association	https://www.alz.org/professionals/health-systems-medical-professionals

Healthy Blue is the trade name of Community Care Health Plan of Kansas, Inc., an independent licensee of the Blue Cross and Blue Shield Association. KSHB CD 080773 25 SRS798 2May 2025

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia (May 2016)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.97 80890426807
Anxiety	Anxiety Disorders (Last Reviewed February 2025)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	https://www.wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Management of Asthma (EPR-3) (September 2012)		
	2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group		https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines
	Asthma Clinical Practice Guidelines (2024)	Global Initiative for Asthma (GINA)	https://ginasthma.org/
Atopic Dermatitis	Guidelines of Care for the Management	American Academy of Dermatology	https://www.aad.org/member/clinical- quality/guidelines/atopic-dermatitis
	of Atopic Dermatitis		

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(Last updated 2023)		
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.97 80890426760.pe02
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (January 2025)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf
* addresses diagnosis and treatment of bipolar disorder in special populations such as	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar- guidelines/

Condition/Disease	Guideline Title	Recognized Source(s)	URL
children and adolescents			
Borderline Personality	Practice Guideline for the Treatment of Patients with Borderline Personality Disorder (November 2024)	American Psychiatric Association	https://psychiatryonline.org/doi/book/10.1176/appi.books. 9780890428009
Coronary Artery Disease (CAD)	AHA / ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease (November 2011 Update)	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31 8235eb4d
	Treatment of Hypertension in Patients With Coronary Artery Disease	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000 00000207

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(March 2015)		
	Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011)	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31 820faaf8
	ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	2021 AHA/ACC/ASE/CHE ST/SAEM/ SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain	American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization	American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions	https://www.jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2. 60669549.1356655696.1641505900-317854238.1639608139
Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (January 2023)	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023/01000/%20merican_college_of_gastroenterology_guidelines.17.aspx
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Chronic Kidney Disease: Detection and Evaluation	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html
	(2017)	International Cociety of Newbrale av	https://kdigo.org/gwidolipos/akd.ovgkygtiop.org
	KDIGO (Kidney Disease Improving Global Outcomes) 2024 CKD evaluation and Management	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Prevention, Diagnosis, and Management of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/
Depression	Canadian Network for Mood and Anxiety Treatments (CANMAT) 2023 Update on Clinical Guidelines for Management of	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://journals.sagepub.com/doi/epub/10.1177/070674372 41245384

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Major Depressive Disorder in Adults		
	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/rec ommendation/screening-depression-suicide-risk-adults
	VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (2022)	Department of Veterans Affairs Department of Defense	https://www.healthquality.va.gov/guidelines/MH/mdd/
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Diabetes	Standards of Medical Care in Diabetes	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/48/1

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(2025)		
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	American Psychiatric Association (APA)	https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi.aj p.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)	American Gastroenterological Association (AGA)	https://www.gastrojournal.org/action/showPdf?pii=S0016 -5085%2820%2930265-1
Gender-Dysphoria/ Incongruence	Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/41575 58?login=true

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Endocrine Society* Clinical Practice Guideline (September 2017)		
	Correction to Clinical Practice Guideline (February 2018)		https://academic.oup.com/jcem/article/103/2/699/467508
	Correction to Clinical Practice Guideline (July 2018)		https://academic.oup.com/jcem/article/103/7/2758/503671
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	https://www.wpath.org/publications/soc
Fall Risk	Falls Prevention in Community- Dwelling Older	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/falls-prevention-community-dwelling-older-adults-interventions

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Adults: Interventions (June 2024)		
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	https://www.ncoa.org/older- adults/health/prevention/falls-prevention
Hearing Loss	Age-Related Hearing Loss (April 2024)	American Academy of Otolaryngology — Head and Neck Surgery	https://www.entnet.org/quality-practice/quality-products/clinical-practice-guidelines/cpg-age-related-hearing-loss/
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/Ameri can Heart Association Task Force on Practice Guidelines	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	https://www.ahajournals.org/doi/epub/10.1161/CIR.00000 0000001063

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)		http://www.onlinejacc.org/content/70/6/776?_ga=2.233130 85.667318568.1514996759-679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR /A APA/ABC/ACPM/A DA/ AGS/APhA/ASPC,N LA /PCNA Guideline on the Management of Blood Cholesterol (June 2019)	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA)	https://www.acc.org/~/media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf
Hypertension	ACC/AHA/AAPA/AB C/ACPM/AGS/APh A/ASH/ASPC/NMA/ PCNA Guideline for the Prevention, Detection, Evaluation, and	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc. 2017.11.006?sso=1&sso_redirect_count=1&access_token=

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Management of High Blood Pressure in Adults (November 2017)	Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	
	Correction to Guideline		http://www.onlinejacc.org/content/71/19/2275
	(May 2018)		
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)	American College of Physicians (ACP)	https://www.acpjournals.org/doi/10.7326/M16-2367
Obesity	Weight Loss to Prevent Obesity- Related Morbidity and Mortality in	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Adults: Behavioral Interventions (September 2018)		
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (June 2014)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	https://www.ahajournals.org/doi/10.1161/CIR.000000000000000000000000000000000000
Oppositional Defiant Disorder (ODD)	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/dam/brand/aafp/pubs/afp/issues/ 2016/0401/p586.pdf
Posttraumatic Stress Disorder	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)	American Psychological Association (APA)	https://www.apa.org/ptsd-guideline
	VA/DOD Clinical Practice Guideline		

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	https://www.healthquality.va.gov/guidelines/MH/ptsd/VA -DoD-CPG-PTSD-Full-CPGAug242023.pdf
	(2024)		
	PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	https://www.ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b278 ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/r a-guideline-2021.pdf
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	https://www.jacionline.org/action/showPdf?pii=S0091-6749%2820%2931023-X
Schizophrenia	Practice Guideline for the Treatment of Patients with	American Psychiatric Association (APA)	https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Schizophrenia 3 rd edition (2021)		
	VA/DoD Clinical Practice		https://www.healthquality.va.gov/guidelines/MH/scz/VADoDCPGSchizophreniaCPG_Final_508.pdf
	Guideline For Management Of	Veterans Administration/Department of Defense (VA/DoD)	
	First-Episode Psychosis And Schizophrenia (2023)		
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvances/article/4/12/2 656/460974/
Stroke	2024 Guideline for the Primary Prevention of Stroke: A Guideline From the American Heart Association/Ameri	American Heart Association/American Stroke Association	https://www.ahajournals.org/doi/epub/10.1161/STR.00000 0000000475

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	can Stroke Association		
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage (Last updated 2/13/2025)	Suicide Prevention Resource Center (SPRC)	https://www.samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide-assessment-five-step-evaluation-triage-safe-t-clinicians
	VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide (2024)	Veterans Administration/Department of Defense (VA/DoD)	VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide
Surgery	Surgical technical evidence review for gynecologic surgery conducted	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf
	for the Agency for Healthcare Research and Quality Safety		

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Program for Improving Surgical Care and Recovery (December 2018)		
	Surgical Technical Evidence Review for	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562
	Colorectal Surgery Conducted for the AHRQ		
	Safety Program for Improving Surgical Care and		
	Recovery (October 2017)		
	Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/21514585187 54451

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Trauma Care	A Treatment Improvement Protocol: Trauma- Informed Care in Behavioral Health Services (October 2015)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420
	Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series		https://store.samhsa.gov/?f%5B0%5D=series%3A1078
INFECTIOUS DISEASE	Return to Tabl	e of Contents	
Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/treatment-guidelines/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.100 2/hep.28156

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(August 2015) Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis		https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf
	B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		
Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1%20%20%20

Condition/Disease	Guideline Title	Recognized Source(s)	URL
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (2024)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/
	HIV Guidelines	Centers of Disease Control and Prevention (CDC)	https://www.cdc.gov/hivnexus/hcp/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241506168

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	counselling and care for adolescents living with HIV (2013)		
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	https://www.idsociety.org/practice-guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/pubs/afp/issues/2019/0901/p281.html
	Clinical Care for Outpatient Clinical Care for Adults	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/adult-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(Last reviewed April 16, 2024)		
	Outpatient Clinical Care for Pediatric Populations (Last reviewed April 22, 2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/antibiotic-use/hcp/clinical-care/pediatric-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
Tuberculosis	Treatment of Drug- Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019)	American Thoracic Society (ATS), the Centers for Disease Control and Prevention (CDC), the European Respiratory Society, and Infectious Diseases Society of American (IDSA)	https://www.idsociety.org/practice-guideline/treatment-of-drug-resistant-tb/#null

Condition/Disease	Guideline Title	Recognized Source(s)	URL		
PEDIATRIC/ADOLESCE	PEDIATRIC/ADOLESCENT HEALTH) Return to Table of Contents				
Adjustment Disorder	Adjustment Disorder: Collection of Evidence-Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf		
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders (2020)	American Academy of Adolescent Psychiatry	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)		
Attention Deficit Hyperactivity Disorder (ADHD)	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivi ty Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/144/4/e201 92528/81590/Clinical-Practice-Guideline-for-the- Diagnosis?autologincheck=redirected		

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	ADHD Diagnosis and Treatment in Children and Adolescents (2024)	Agency for Healthcare Research and Quality (AHRQ)	https://effectivehealthcare.ahrq.gov/products/attention-deficit-hyperactivity-disorder/research
Autism	Identification Evaluation and Management of Children With Autism Spectrum Disorder (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-childrenadolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	American Psychological Association (APA)	https://www.apa.org/depression-guideline/guideline.pdf
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents (September 2017)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents With Obesity (2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/doi/10.1542 /peds.2022-060640/190443/Clinical-Practice-Guideline-for- the-Evaluation-and?autologincheck=redirected
	Clinical Report: The Role of the Pediatrician in the Promotion of Health, Active Living (March 2024)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/153/3/e202 3065480/196676/The-Role-of-the-Pediatrician-in-the- Promotion-of
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second	Canadian Institutes of Health Research	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
	Generation Antipsychotics in Children and Youth (2011)		
SUBSTANCE USE	Return to Tab	le of Contents	
	The ASAM Criteria: Treatment Criteria for Addictive, Substance- Related, and Co-	American Society of Addiction Medicine	https://www.asam.org/asam-criteria Document requires purchase
	occurring Conditions, Volume 1: Adults. 4th ed		
	Medication- Assisted Treatment of Adolescents With Opioid Use Disorders	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/138/3/e201 61893/52715/Medication-Assisted-Treatment-of- Adolescents-With
	(September 2016)		

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/drug-testing
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Doc ument/UpdateSummaryFinal/unhealthy-alcohol-use-in- adolescents-and-adults-screening-and-behavioral- counseling-interventions
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (2022)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm_w

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.97 81615371969
	The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update	American Society of Addiction Medicine	https://www.asam.org/quality-care/clinical-guidelines/national-practice-guideline

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Medication for Substance Use Disorders- (Last Updated April 11, 2024)	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
Cigarette Cessation	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	https://www.jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027
Electronic Cigarettes	E-Cigarettes (Vapes)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/e-cigarettes/?CDC_AAref_Val=https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	American Academy of Pediatrics Policy Statement E- Cigarettes and Similar Devices (February 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/143/2/e201 83652/37305/E-Cigarettes-and-Similar-Devices
All states offer free sm	l oking cessation telep	I hone quit line services. Dialing 1-800-QU	IT NOW will connect the caller to their state quit line.
WOMEN'S HEALTH	Re	eturn to table of contents	
Perinatal Depression	Perinatal Depression: AAP Policy Statement on Recognition and Management (2019)	American Academy of Pediatrics (AAP)	https://www.aafp.org/pubs/afp/issues/2019/1001/p443.pd f
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://publications.aap.org/aapbooks/book/522/Guideli nes-for-Perinatal-Care?autologincheck=redirected
Preventive Care	Women's Preventive Services	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines- 2016/index.html

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Guidelines (Last Reviewed 2022)		
Cancer Screening	Women's Health Care Physicians: Cervical Cancer FAQs (May 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/womens-health/faqs/cervical-cancer-screening
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/rec ommendation/cervical-cancer-screening
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (2025)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/48/Supplement_ 1/S306/157565/15-Management-of-Diabetes-in- Pregnancy-Standards
	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/rec ommendation/gestational-diabetes-mellitus- screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus

Condition/Disease	Guideline Title	Recognized Source(s)	URL
			Members only
Care of Complications during Pregnancy	WHO recommendations for Prevention and treatment of preeclampsia and eclampsia (2011) Updates in 2018, 2020 2021	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548335
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/ Society for Maternal Fetal Health (SMFH)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2010/03/magnesium-sulfate-before- anticipated-preterm-birth-for-neuroprotection.pdf
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor
			Members only
	Chronic Hypertension in Pregnancy (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy
			Members only
Diagnosis of Mental Health Conditions	Screening and Diagnosis of Mental Health Conditions During Pregnancy and Postpartum (2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/06/screening-and-diagnosis-of-mental-health-conditions-during-pregnancy-and-postpartum
			Members only
Substance use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Practice. Number 633 (Reaffirmed 2021)		
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	World Health Organization (WHO)	https://www.who.int/publications/i/item/9789241548731
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18 -5054.pdf
Equity in Health Care	Importance of Social Determinants of Health and Cultural	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/01/importance-of-social- determinants-of-health-and-cultural-awareness-in-the- delivery-of-reproductive-health-care.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018)		
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/08/marriage-and-family- building.pdf
	Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2014/02/health-disparities-in-rural- women.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy
	Need Help Putting Out That Cigarette?	American Congress of Obstetrics and Gynecology (ACOG)	http://www.tobacco- cessation.org/PDFs/NeedHelpBooklet.pdf
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web- Based Training for Healthcare Professionals	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOGY	Return to Table of		
	Guidelines for the Practice of Telepsychology (Last updated 2023)	American Psychological Association (APA)	https://www.apa.org/practice/guidelines/telepsychology https://s21151.pcdn.co/wp-content/uploads/APA- Guideline-for-the-Practice-of-Telepsychology.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Best Practices in Videoconferencing -Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best- Practices-in-Videoconferencing-Based-Telemental- Health.pdf
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	https://www.aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	https://www.aafp.org/family-physician/practice-and- career/managing-your-practice/telehealth-and- telemedicine.html
	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education (CSWE) & Clinical Social Work Affiliation (CSWA)	Standards for Technology in Social Work Practice (socialworkers.org)