



Healthy Blue

KAN Be Healthy

Healthcare for children and youth under age 21

KAN Be Healthy is Kansas Medicaid's Early and Periodic Screening, Diagnostic, and Treatment program.

It helps children and youth **under age 21** get regular checkups and the healthcare services they need.

KAN Be Healthy is for children who:

- Have Medicaid or CHIP.
- Are in foster care.
- Are on a waiver program or waiver waiting list.

Participating in the KAN Be Healthy program can help your child get care sooner, find health problems early, and stay healthier as they grow.

Services we cover

Early and periodic screenings

Regular checkups include physical exams; vision, hearing, dental, developmental, and behavioral screenings; and lead screening for children ages six months to six years.

All recommendations follow the American Academy of Pediatrics Bright Futures and Advisory Committee on Immunization Practices guidelines.

Diagnostic services

If a screening shows a possible health problem, your child may need more tests, called diagnostic services, to help find out what is wrong.

These services are usually done without an overnight hospital stay. They may be performed by doctors, dentists, or other healthcare professionals. Hospital stays may be covered if testing requires more time to complete.

Treatment services

KAN Be Healthy covers all medically necessary services that help *ameliorate* your child's condition, including some services not normally covered under the state plan.

Services include doctor and hospital visits; home healthcare and private nursing; medical equipment and supplies; rehabilitation services; and vision, hearing, and dental care. (If your child has a disability, see page 4 for information on Home- and Community-Based Services waivers.)

What does "ameliorate" mean?

Ameliorate means to make a condition better or easier to manage.

KAN Be Healthy services must help ameliorate your child's medical condition or disability.

How to get KAN Be Healthy care

Step 1: Talk with your child's doctor

The first step is to talk with your child's doctor or medical provider.

The provider must decide which services are needed and document the services are medically necessary to ameliorate your child's medical condition or disability.

If no prior authorization is needed, care is provided.

Step 2: Get prior authorization (if needed)

Some services need approval from Healthy Blue before they can be provided. Your provider will request approval if needed.

You **do not** need prior authorization for emergency medical or behavioral health services.

Step 3: Next steps

If the prior approval request is approved, care is provided.

If the prior approval request is denied, your doctor is told the reason, and you receive a letter explaining the decision. Healthy Blue will also give you instructions on how to ask for an appeal (a second look at your case).



What's a Letter of Medical Necessity?

Requests for services may need a Letter of Medical Necessity from your child's doctor.

The letter explains your child's medical conditions, the service being requested, and how the service helps *ameliorate* your child's condition.

Extra help

Transportation assistance

Emergencies: Don't wait to schedule a ride. Call **911** right away.

Having trouble getting to medical appointments? Healthy Blue offers **nonemergency medical transportation**.

There's no cost for this service. The vehicle type will be chosen based on your child's medical needs.

- Your child must be a Healthy Blue member on the day of the visit.
- Children under age 17 must ride with an adult.
- One parent or guardian may ride with a child under age 21.
- Call at least three days before your appointment.

Schedule a ride at **833-270-2254**.

Services for children with disabilities

Home- and Community-Based Services waivers help people with disabilities live at home. These waivers cover services like care coordination and adaptive equipment to help people stay safe and supported at home.

There may be long waiting lists for these waivers. To learn more or start the process, call the Aging and Disability Resource Center at **855-200-2372**.

We're here to support you

We are here to help you understand and use your KAN Be Healthy benefits.

Healthy Blue Member Services:
833-838-2593 (TTY 711)



Healthy Blue

Do you need help with your healthcare, talking with us, or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 833-838-2593 (TTY 711).

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Ofrecemos nuestros materiales en otros idiomas y formatos sin costo alguno. Llámenos gratis al 833-838-2593 (TTY 711).

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